Guide to the discovery of

# Kitamura Ryū

Kitamura Bujutsu Kai



Tachikaze Dōjō
Tirana

www.kitamura-bujutsu-kai.com www.kitamura-ryu-battojutsu.com



# 北村武術会

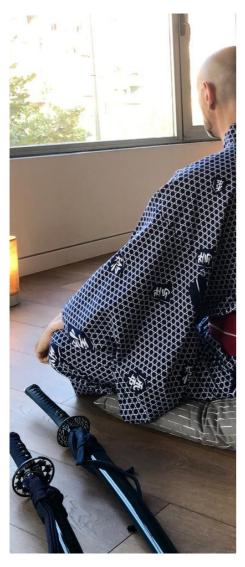
太刀風道場



Introduction

## 北村武桥会

# Live a unique experience as a member of the Kitamura Bujutsu Kai



# An all-encompassing and transformative experience

Being part of the **Kitamura Bujutsu Kai** means actively participating in a mission. We often use the phrase "Fighting the Darkness" to describe our mission. By the word "darkness" we mean the decadence of values to which modern society is sadly exposed.

Practicing the ancient Japanese disciplines allows us to remain steadfast in our ethics, in a temporal dimension completely dissociated from modern Western society, it allows us to live immersed in the values we preserve.

The Japanese sword is a source of absolute truth, a means of growth and strengthening. We practice to improve ourselves continuously, every day. We create better men who can, in their own small way, positively influence society.

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Japanese sword fighting discipline.



Combative branch of kenjutsu. It consists of performing extremely rapid extractions with the aim of counterattacking or attacking an enemy.



Ancient practice of mental, physical and spiritual strengthening, through the fusion with the elements of nature.



Maximum fighting effectiveness for the extraction and cutting techniques performed with the Japanese sword.



Our Ryū includes the use of armor for the refinement of combat techniques.



Children are the future. Thanks to the study of the warrior disciplines they will grow strong and able to live with strength, ethics and rigor.



Living ancient disciplines prepares us to face everyday challenges as winners.



Our Ryū members wear two swords.



The naginata is a Japanese weapon, similar to a halberd. Naginatajutsu is the combat system with this weapon.



The yari is a spear of different shapes and sizes. Our Ryū practices combat with this effective weapon.



Meditation plays a major role in our disciplines.



Shugendō includes ancient rituals of spiritual strengthening.









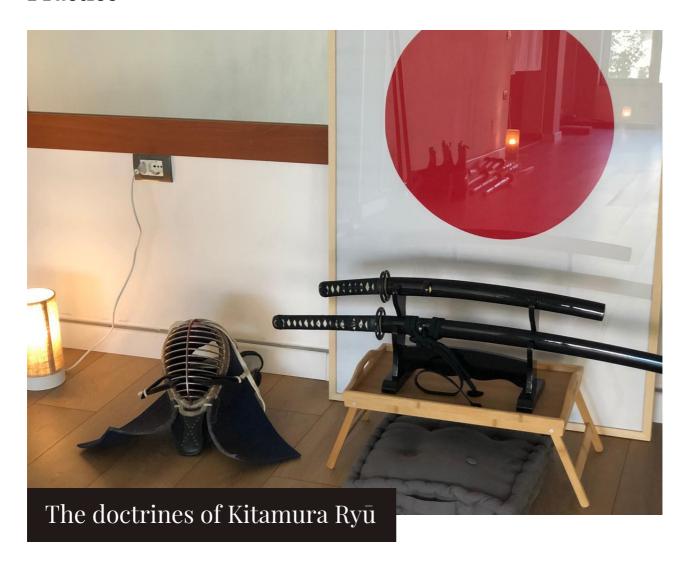








### **Practice**



## Kenjutsu e Shugendō Iai Jutsu e Battō Jutsu

Bujutsu training (ancient fighting disciplines with traditional weapons or with bare hands) blends together with the monastic ascetic practices of Shugendō. The main subject studied, in terms of armed combat, is kenjutsu (the art of fencing with the Japanese sword) and all its components.

It represents the essence of the fighting arts and acts as a glue to all the others, combining iai-jutsu, battō-jutsu, iaidō and the practices of kendō. The Japanese sword (including blades of various lengths), is contrasted with other traditional weapons, such as spears (yari), halberds (naginata), sticks of various lengths and mixed weapons.



## The doctrines of Kitamura Ryū and the Kitamura Bujutsu Kai

Kitamura Bujutsu Kai (KBK) is an independent non-governmental body, a traditional school of Bujutsu based on the deeper concept of a warrior clan. Part of the Watanabe & Kitamura Group, KBK was born with the aim of sharing part of the warrior disciplines of the Japanese Kitamura clan.

(Kitamura is a fictional name created to cover the true identity of the clan)

**Shugendō** is an essential part of our doctrines. It is a practice that is the result of a fusion of various elements. The name can be translated as the path that leads to acquiring spiritual powers.

The doctrines combine practical disciplines of armed and unarmed combat with spiritual ones aimed at developing a strong and indissoluble mind.





"Empower your self through the practice of ancient doctrines"

## The benefits of the practice

#### **Physical benefits**

Greater strength
Greater resistance
Better general fitness
Better balance, elasticity and responsiveness
Better posture

#### **General benefits**

Mental and spiritual strengthening
Development of self-esteem and self-confidence
Increased skills such as determination, perseverance, concentration
Elimination of stress and mental fatigue
Development of a warrior spirit, strong and focused on success
Increased sensory perceptions, instinct and reflexes
Education and respect for others and for nature
Self-control and self-discipline
Management of feelings



"I benefici della pratica sono molteplici."





#### The Master



## Manrico Erriu

Welcomed into a Japanese family, a guardian clan of warrior traditions handed down from generation to generation (the **Kitamura Ryū** \*), Manrico Erriu has lived from the age of eight immersed in Japanese culture. He dedicates his life to studying, practicing and, after reaching the rank of master, teaching the warrior and spiritual doctrines and traditions guarded by the Japanese clan. \* Kitamura is a fictitious name, used to hide the real one.

He learns notions of strategy and tactics during the toughest years of his training. Import to Italy part of the traditions of the Clan, teaching unofficially since 1996, officially since 2000, to a very small circle of people, the Japanese warrior disciplines (Bujutsu) as well as ancient systems of development of psychophysical and spiritual potential, a combination of esoteric Buddhism, Shintoism, doctrines, philosophies and ritual practices.









Master Erriu publishes his autobiography in Italian, entitled "In doubt, kill. The art of deception. Autobiography of a strategist.", on November 22, 2019, ranking first in the ranking on January 7, 2020. of Amazon's Best Sellers, the best-selling book in the "Biographical Fiction" category, also being rated among the most interesting and acclaimed. The impactful title, deliberately provocative, does not express the reality of the context described and told.

On June 15, 2020 he publishes the book "SHUGENDŌ. The mystical powers of the Kitamura. Dying human, reborn Shugenja, immortal." positioning itself, within hours of publication, in the first position as Best Seller in the "Shinto" category on Amazon.

On March 22, 2022 he publishes the first photographic book "**Fragments of my Japan. Journey through the thoughts of a modern Samurai.**" positioning itself in the first position as Best Seller in the categories "Photography" and "Shinto" on Amazon.





"Potenziare il tuo io attraverso la pratica di dottrine antiche."



Master Manrico Erriu is founder and president of **Watanabe & Kitamura Group** (www.watanabe-kitamura-group.com), an international organization operating in various sectors and fields, including: Geopolitics and Geostrategies, International Relations and Global Affairs, Intelligence and Counterintelligence, Strategic and Tactical Stability Support, Investments and Global Assets Management.

Specialized in "Counter Terrorism", "Intelligence" and "International Security" in Israel, in 2013 he founded and directed the GENI-AX Worldwide Network (www.geniax-close-protection-courses.com), an international organization operating in the UK counter terrorism sector and provides tactical and strategic support services to governmental and private entities globally.

In 2012, Master Erriu became **the only non-Israeli instructor to train security personnel in Israel** and to be part of a non-governmental organization that had exclusively Israeli instructors within it. He teaches Israeli firearm combat procedures and tactics for organization.

Following an important call by a Middle Eastern government, he becomes one of the most sought-after tactical instructors on an international scale. In the following years, Manrico Erriu participates directly in numerous operational missions, as well as providing special training programs for private and government units around the world. He works on five continents and in over 25 countries, participating in operational missions and training thousands of operators in the areas of anti-terrorism and Close Protection. Over the years, he has built a vast international network made up of clients and collaborators, launching entrepreneurial projects and investment programs in multiple sectors.

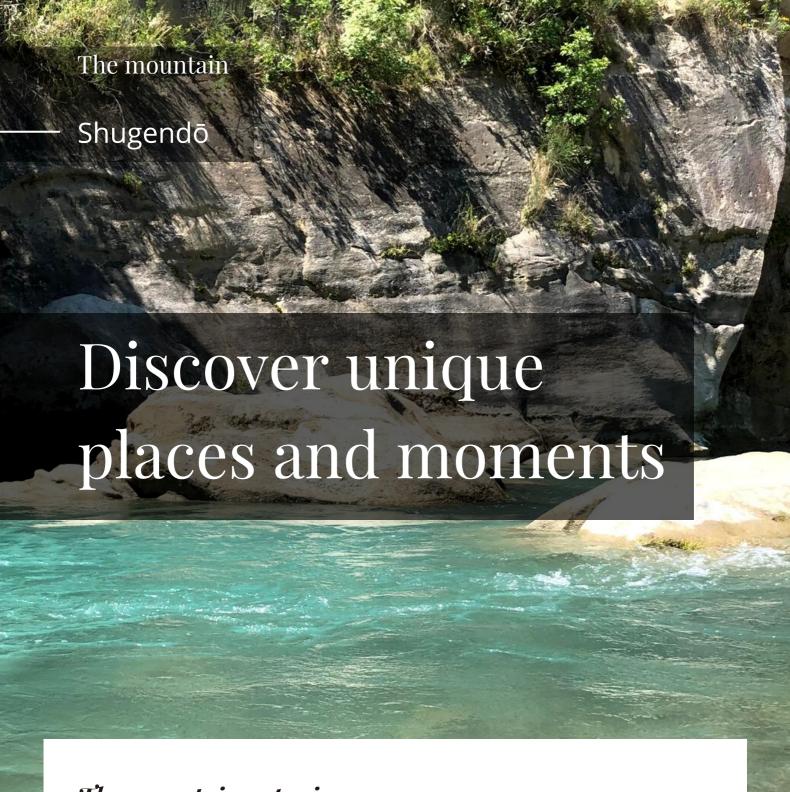
He is the founder of **BUSHI Tactics** (www.bushi-tactics.com), an operational division of the WK Group specializing in the training of tactical and combat instructors with firearms, procedures and methods of armed contrast to terrorism and protection of dignitaries.











## The mountain experience

The mountain experience takes place once a week, usually on Friday or Saturday morning. It starts from the Dōjō to reach the pre-established location.

You climb the mountain dressed in traditional clothing, a ritual stick and a shakujō (small stick with rings).

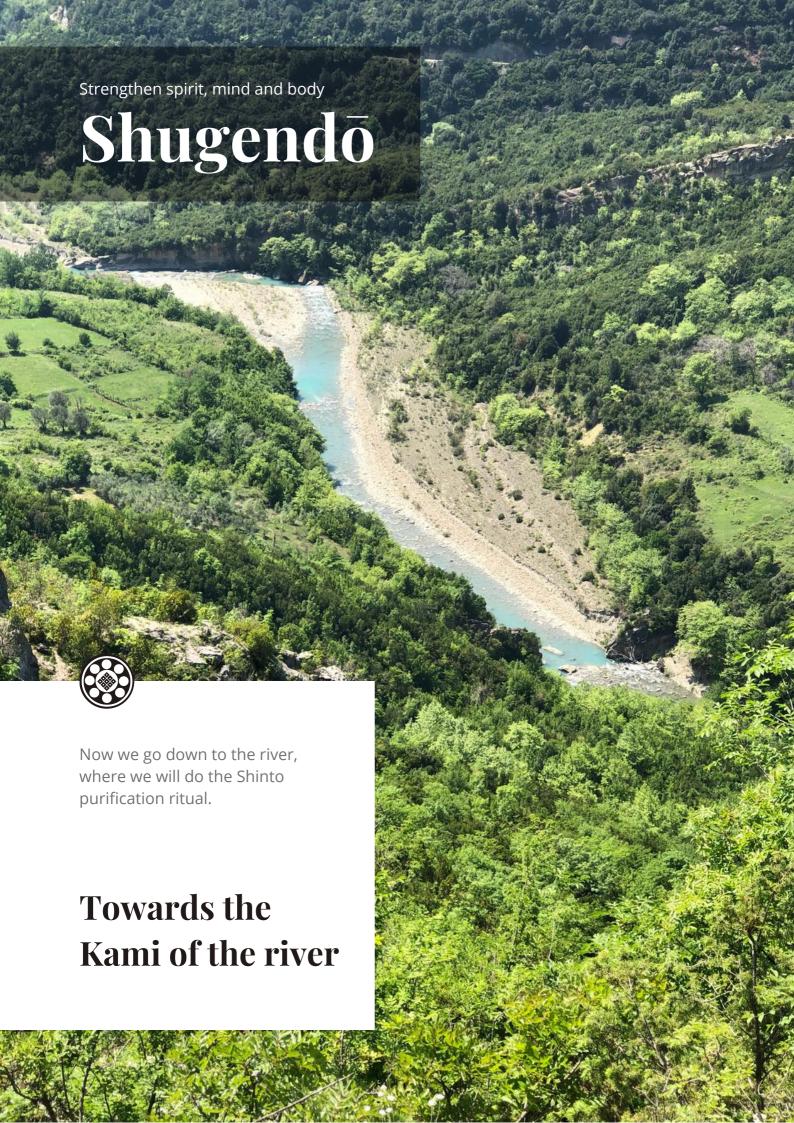
Upon returning, you reach the river to perform ritual ablutions in cold water. At the end of the experience, lunch on site, at a partner facility, and then return to the Dōjō.

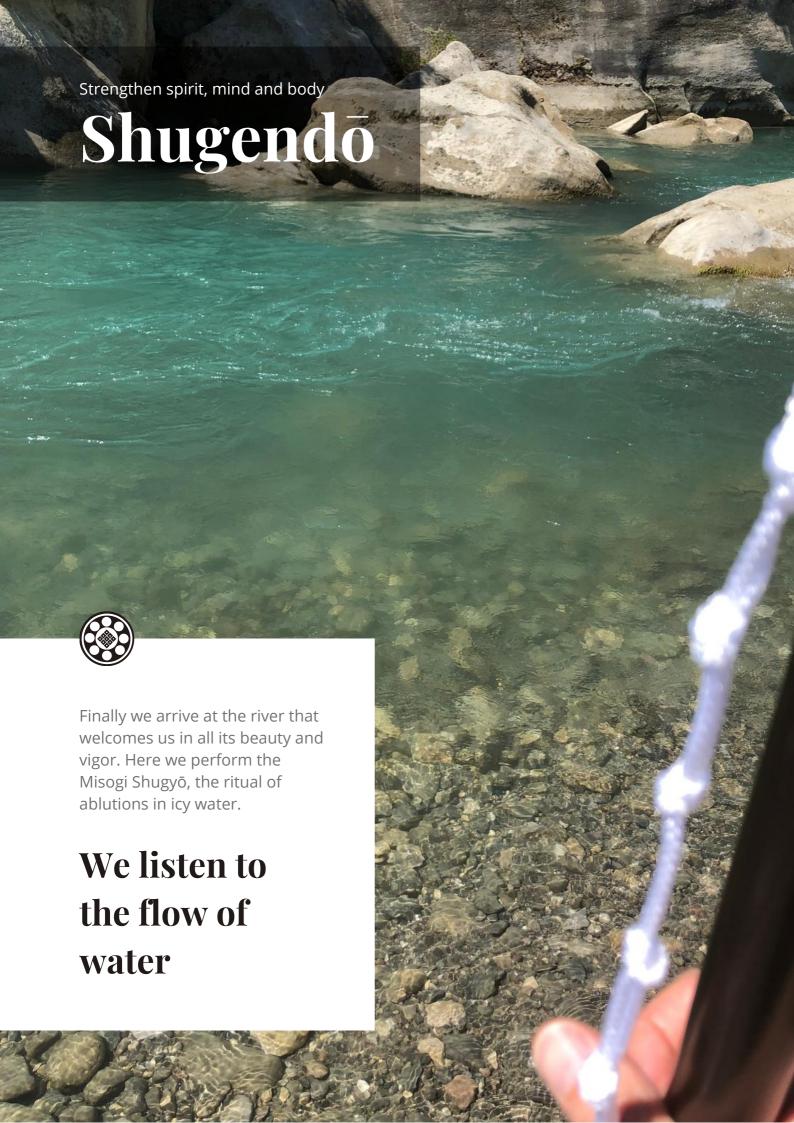












### Residential program

## Overnight, live, train, meditate and study.

Some programs are held in residential mode. You stay overnight, train and live inside the structure intended for the seminar / retreat, enjoying those atmospheres and sensations that make the experience unique and unrepeatable.

Live immersed in traditional Japanese culture. A few intensive days through which to learn new and significant concepts.



The training

Dōjō Ryokan Machiya

# The practice of warrior and spiritual disciplines

#### The training

The training will take place in two ways: one alone which will allow the participant / guest to practice the disciplines using the equipment present in the dōjō and one with the supervision of the Master (on specific days and times).

In both cases, the training will take place in a pure and traditional environment, exclusively dedicated to the practice of the ancient disciplines taught at the Kitamura Bujutsu Kai.

These elements will make the practice intense, energizing and incisive. We will provide an example of a daily routine in the traditional style. The member will decide how many hours of the day to devote to practice.



#### Subscription Options

KBK Members Online Sessions 🔅



OPZION 1

**Monthly Fee** 

**€78** 

**Online Sessions SHUGENDO:** 3 per month

1 KENJUTSU **Recorded Lecture**  OPZION 2

**Monthly Fee** 

€38

**Online Sessions** SHUGENDO: 3 per month

OPZION 3

**Monthly Fee** €50

**Online Sessions** SHUGENDO: 3 per month

1 Donation to support Kitamura Bujutsu Kai

OPZION 4
ONLINE

**Monthly Fee** 

**€100** 

**Online Sessions SHUGENDO:** 3 per month

**1 KENJUTSU Recorded Lecture** 

1 Donation to support Kitamura **Bujutsu Kai** 









#### Subscription Options

KBK Members
Sessions in Presence



5

OPZION 5
IN PRESENZA

Monthly Fee

€50

(for groups of at least 12 students)

1 PRESENCE
SESSION PER
MONTH AT THE
TACHIKAZE DŌJŌ
OF TIRANA

The session lasts approximately 90 minutes.

6

OPZION 6
IN PRESENZA

Monthly Fee

€80

(for groups of at least 12 students)

2 PRESENCE
SESSIONS PER
MONTH AT THE
TACHIKAZE DŌJŌ
OF TIRANA

The session lasts approximately 90 minutes.

7

OPZION 7
IN PRESENZA

Monthly Fee €120

(for groups of at least 12 students)

4 PRESENCE SESSIONS PER MONTH AT THE TACHIKAZE DŌJŌ OF TIRANA

The session lasts approximately 90 minutes.

8

OPZION 8
IN PRESENZA

Monthly Fee €160

(for groups of at least 12 students)

8 PRESENCE
SESSIONS PER
MONTH AT THE
TACHIKAZE DŌJŌ
OF TIRANA

The session lasts approximately 90 minutes.









#### Subscription Options

KBK Members 🚱

Private Sessions with the Master

9

10

11

**12** 

OPZION 9
PRESENCE SESSION

Monthly Fee €500

1 Private Session with Master Erriu

Customized program

Sessions lasting
About 80 minutes

AT TACHIKAZE DŌJŌ OF TIRANA OPZION 10 PRESENCE SESSION

Monthly Fee

€ 700

2 Private Sessions with Master Erriu

Customized program

Sessions lasting
About 80 minutes

AT TACHIKAZE DŌJŌ OF TIRANA OPZION 11
PRESENCE SESSION

**Monthly Fee** 

€1000

3 Private Sessions with Master Erriu

Customized program

Sessions lasting
About 80 minutes

AT TACHIKAZE DŌJŌ OF TIRANA OPZION 12
PRESENCE SESSION

**Monthly Fee** 

€1350

4 Private Sessions with Master Erriu

Customized program

Sessions lasting
About 80 minutes

AT TACHIKAZE DŌJŌ OF TIRANA









#### Kitamura Bujutsu Kai Passport

北村武術会のパスポート







In the Passport of the Kitamura Bujutsu Kai, the life of the practitioner within the Institute is recorded: graduation, participation in seminars, courses and events and various.

To be valid, the passport must be signed and stamped by the President, in every part of him. In addition to his signature, the President will apply two Hanko (seals), one personal and one of the KBK. Each exam and participation in any event organized by the KBK must be endorsed by the President to be validated. The KBK reserves the right to withdraw, cancel or cancel the passport in the event that the practitioner commits offensive actions against the KBK or the President, or actions that may damage the image or reputation of the same. Each element entered in the passport will be registered in the official paper and digital records of the KBK. **Anyone wishing to verify that the content of the document is truthful should contact the KBK by writing to office@kitamura-bujutsu-kai.com** 

The passport costs € 45 and is valid for 9 years. When you book yours, it will be delivered to you during the first event you attend. If you prefer to have it immediately you will have to add the shipping costs (€ 35 for shipments to Europe)

#### Kitamura Ryū

Kitamura Bujutsu Kai



Tachikaze Dōjō

Tirana

For information please contact us at: office@kitamura-bujutsu-kai.com

